

SHOCK - SYMPTOMS/FIRST AID		
STEP	ACTION	✓
1	Look for anxiety, agitation, confusion, pale, clammy, blotchy wet skin, nervousness, thirst, nausea, loss of blood, rapid shallow breathing	
2	Move to covered area. Lay patient on back, elevate feet, loosen clothing. Keep warm or cool depending on weather	
3	Calm patient	
4	Seek medical aid	
Notes:		