

<b>SHOCK - SYMPTOMS/FIRST AID</b>		
<b>STEP</b>	<b>ACTION</b>	<b>✓</b>
<b>1</b>	<b>Look for anxiety, agitation, confusion, pale, clammy, blotchy wet skin, nervousness, thirst, nausea, loss of blood, rapid shallow breathing</b>	
<b>2</b>	<b>Move to covered area. Lay patient on back, elevate feet, loosen clothing. Keep warm or cool depending on weather</b>	
<b>3</b>	<b>Calm patient</b>	
<b>4</b>	<b>Seek medical aid</b>	
<b>Notes:</b>		